

Mitch

In my experience in coaching over 20 years, the one thing that has come through to me very clearly from students is the thing they want most from their parents is for them to be parents. They don't need their parents to be the second coach, they don't need their parents to be their scout or game critique person, they need their parents when they walk in the door and say, "I love you," rather than how many points did you score, and I know that many kids feel that the stress that parents' expectations put on them really can almost put them over the edge at times. We do a goal-setting every year with my team, and one of the things we do is ask the kids to identify what do they need from each other to be successful, what do they need from their coaches to be successful and what they need from their parents to be successful, and every year it comes out, "We need our parents to chill, just let us play the game."