

Mitch

Any high school coach today, and even coaches at lower levels, needs to be aware of the real danger that substance use poses to the health and well-being of our kids. I don't think it's possible to be an effective, ethical coach today unless we address those issues on a regular basis with our kids day after day, week in and week out, during the season and set very clear standards for them that we enforce and, just as importantly, let them know that, if issues arise, coaches can be a resource to help them get the help that they need.